

Instructions from Timothy S Buchanan, MD

Continue with all medications

Complete lab work. If you are going to come to the location if you are not getting labs done today you will need to make an appointment as we do not accept walk ins anymore. You can call to schedule an appointment.

30 minutes of physical activity per day and 8 hours of sleep per night is recommended for general health.

Today's Visit

The following issues were addressed:

- Type 2 diabetes mellitus without complication, without long-term current use of insulin
- Malignant neoplasm of tail of pancreas
- Coronary artery disease of native artery of native heart with stable angina pectoris
- Aortic aneurysm without rupture, unspecified portion of aorta
- HTN (hypertension), benign
- PHT (pulmonary hypertension)
- Pure hypercholesterolemia

Today's medication changes

STOP taking:

amoxicillin 500 MG tablet (AMOXIL)
Stopped by:

Lantus SoloStar 100 UNIT/ML pen-injector (insulin glargine)
Stopped by:

losartan 50 MG tablet (COZAAR)
Stopped by:

metopROLOL tartrate 25 MG tablet (LOPRESSOR)
Stopped by:

NovoLOG FlexPen 100 UNIT/ML pen-injector (insulin aspart)
Stopped by:

rosuvastatin 10 MG tablet (CRESTOR)
Stopped by:

tadalafil 20 MG tablet (CIALIS)
Stopped by:

TRUEplus Lancets 30G Misc
Stopped by:

CONTINUE taking your other medications
Review details of your medication changes below.

Accurate as of June 27, 2022 9:16 AM.



Blood Pressure
122/78



BMI
31.52



Weight
226 lb



Height
5' 11"



Pulse
57



Oxygen Saturation
99%

Just My Story and what I did

Patient Portal

View your After Visit Summary and more

THE PROOF



Labs ordered today

COMPREHENSIVE METABOLIC PANEL
Expected 6/27/2022
Go to ACL

GLYCOHEMOGLOBIN
Expected 6/27/2022
Go to ACL

LIPID PANEL WITH REFLEX
Expected 6/27/2022
Go to ACL

MICROALBUMIN URINE RANDOM
Expected 6/27/2022
Go to ACL

URINALYSIS WITH MICROSCOPY EXAM W/O C/S
Expected 6/27/2022
Go to ACL

What's Next

Follow-up Visit

Just My Story and what I did

Problem List as of 6/27/2022

- Pure hypercholesterolemia
- HTN (hypertension), benign
- Unspecified vitamin D deficiency
- Acne rosacea
- Impotence due to erectile dysfunction
- Acute pancreatitis
- History of hyperglycemia
- Screening for colon cancer
- Well adult exam
- Coronary artery disease of native artery of native heart with stable angina pectoris
- AA (aortic aneurysm) (Chronic)
- Malignant neoplasm of body of pancreas (Chronic)
- Erectile dysfunction due to arterial insufficiency
- Type 2 diabetes mellitus without complication, without long-term current use of insulin

Immunizations History Administered as of 6/27/2022

Name	Date
Hib (PRP-T)	10/29/2019
Influenza, injectable, quadrivalent, preservative-free	10/29/2019
Meningococcal Conjugate MCV4P (Menactra)	10/29/2019

15. MyCancerCureStory.com

Immunizations History Administered as of 6/27/2022 (continued)

Name	Date
Pneumococcal Conjugate 13 Valent Vacc (Pevnar 13)	11/28/2016
Pneumococcal Polysaccharide Vacc (Pneumovax 23)	10/29/2019 , 11/24/2015

You are Allergic to:
No active allergies

THE PROOF

COVID Vaccine

We're vaccinating anyone in _____ who is 5 and older. Schedule an appointment using our:

- LiveWell app or website
- Online tool
- Hotline:

Test Results in LiveWell

In compliance with the 21st Century CURES Act, _____ is making most laboratory and imaging results as well as provider notes available shortly after completion through the _____ application (formerly known as _____)

_____ supports this transparency. However, it is important to be aware that these results are written for medical documentation and communication and are not summarized for people without medical training. So, you may find the reports confusing.

As always, interpretation of the results and any required follow-up steps will be provided by your care team, either via _____ phone, or at your next appointment. However, due to this change, you may see your results before your care team has reviewed the results and contacted you.


If you review your results and have any concerns that need to be addressed before you've heard from your care team, please call the office.

Just My Story and what I did

16. MyCancerCureStory.com

Your Medication List

THE PROOF

 Accurate as of June 27, 2022 9:16 AM.
If you have any questions, ask your nurse or doctor.

TAKE these medications

aspirin 81 MG tablet

Take 81 mg by mouth daily.

VITAMIN D-3 PO

Take 1 tablet by mouth daily.

STOP taking these medications



amoxicillin 500 MG tablet
Commonly known as: AMOXIL
Stopped by:



Lantus SoloStar 100 UNIT/ML pen-injector
Generic drug: insulin glargine
Stopped by:



losartan 50 MG tablet
Commonly known as: COZAAR
Stopped by:



metoPROLOL tartrate 25 MG tablet
Commonly known as: LOPRESSOR
Stopped by:



NovoLOG FlexPen 100 UNIT/ML pen-injector
Generic drug: insulin aspart
Stopped by:



rosuvastatin 10 MG tablet
Commonly known as: CRESTOR
Stopped by:



tadalafil 20 MG tablet
Commonly known as: CIALIS
Stopped by:



TRUEplus Lancets 30G Misc
Stopped by:

Legal Name: Jeffery J Kreger

17. MyCancerCureStory.com

CLOSING NOTES

I have learned so much from everyone and continue to search, look and learn. I have explained my story, many listened, some tried it, some took me seriously and are clean, healthy and living and many have passed. I have learned much from those that have done it with similar results to me. Thanks for all the feedback.

Tell me your story, I would be very interested to learn from you.

I hope it helps some people and keeps them from having to not go through all that I had to.

IT'S AS SIMPLE

AS GETTING YOUR PH, PH, PH, PH

CORRECT FAST!!!

Feel free to contact me phone, text, email or mail, **TELL ME YOUR STORY**

Feel free to Share and POST it EVERYWHERE!

Thanks For Reading

JeffKreger@TurnKeyHome.com

262-930-7969 Phone & Text

Just My Story

18. MyCancerCureStory.com

Fwd: Thank You! Your VEVOR Order is Ready for the Next Step.

1 message

Jeff Kreger <jeffkreger@turnkeyhome.com>

Fri, Nov 25, 2022 at 6:20 PM

To: "TurnKeyHome.com Office Manager Laura Hammiller 050522 Updated" <laurahammiller@turnkeyhome.com>

----- Forwarded message -----

From: VEVOR <notice@sys.vevor.com>

Date: Fri, Nov 25, 2022, 3:54 PM

Subject: Thank You! Your VEVOR Order is Ready for the Next Step.

To: <jeffkreger@turnkeyhome.com>



I do not recommend, endorse, or sell any of the products shown here as there are endless options and choices out there. All I know is this worked for me. Its all about PH.

Restaurant & Food Service Automotive Material Handling Plumbing

Dear jeffkreger,

Thank you for your order. Here is a summary of order: 22112500917521549933

Your Order Information is:

Order No: 22112500917521549933

Product Information



VEVOR Water Ionizer Machine Alkaline Acid Water Purifier PH3.5-10.5 w/ 3.

Shipping Information:

Jeff Kreger

7312 Big Bend Rd

Big Bend Road



\$349.99

I have just started using this in December of 2022. It's now May of 2023 and has kept my PH in balance. I feel energized and better than I have felt in 30 years. I know how I killed my health and now I am learning how to get it back. There are many on the market, try one.

Just My Story and what I did

20. MyCancerCureStory.com